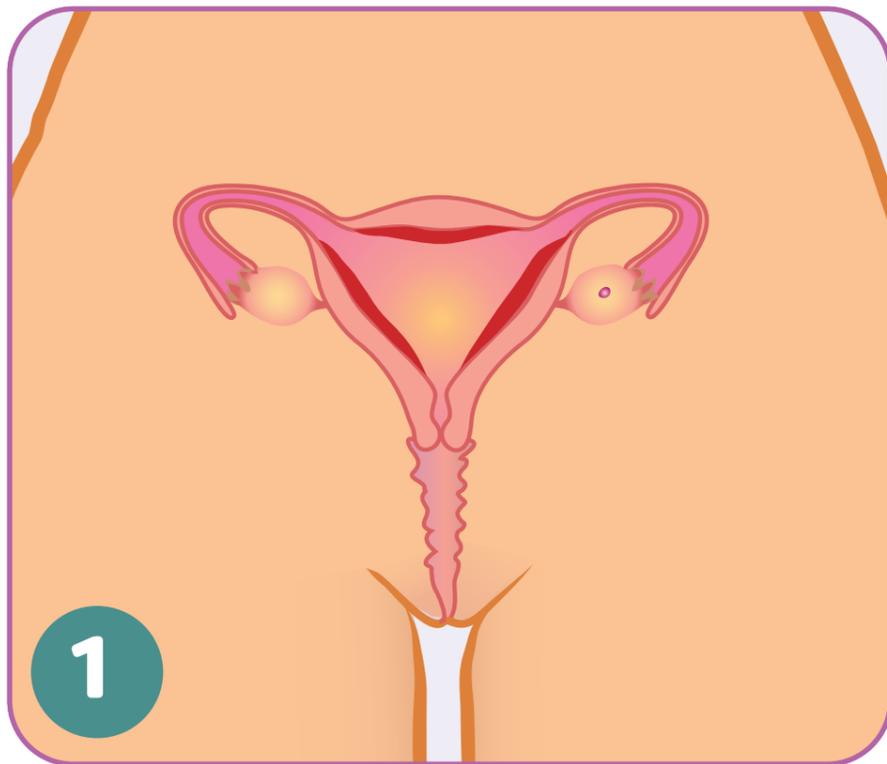
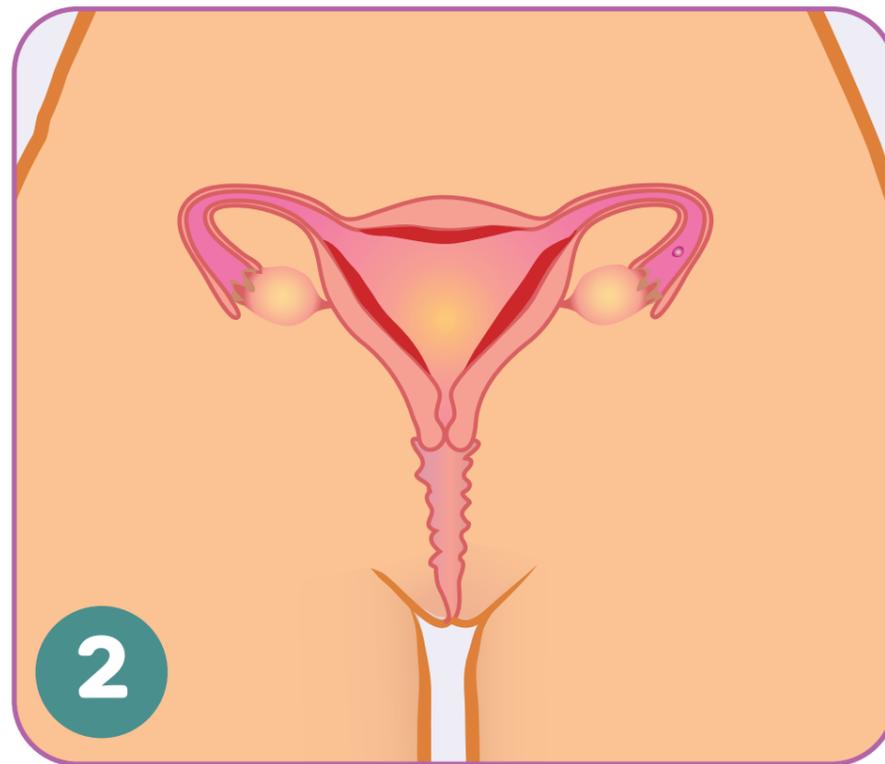


Worksheet: Where do babies come from?

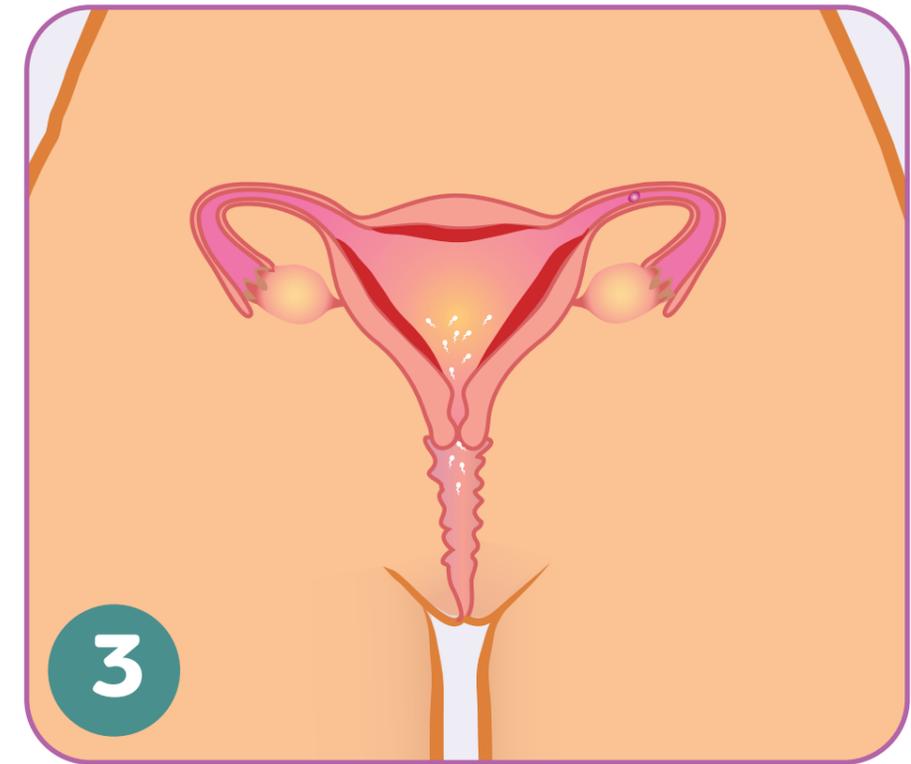
Below are pictures that show how an egg is fertilised to make a baby. You can use these pictures to talk to your child about how a baby is made and periods. You can ask your child what they think is happening in each picture. Or you can cut out the pictures and ask your child put them in order. Page 1 has Steps 1-3. Page 2 has Steps 4-6. Page 3 has Steps 7-9.



An egg is getting ready to leave the ovary. The lining of the uterus is getting thicker.



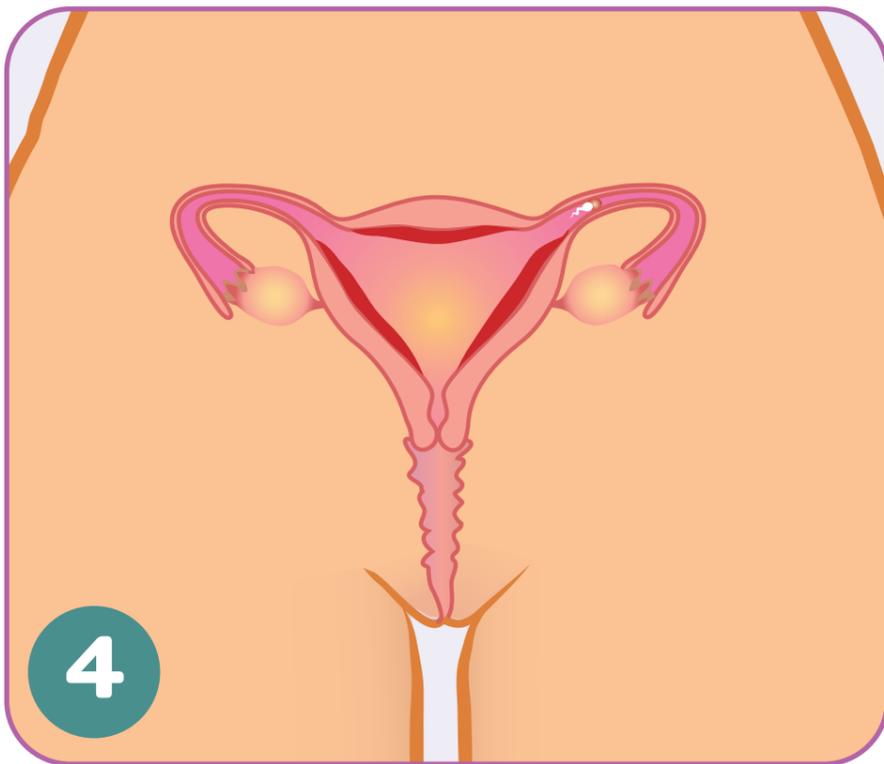
The egg leaves the ovary. This is called ovulation. The egg moves down the fallopian tube to the uterus.



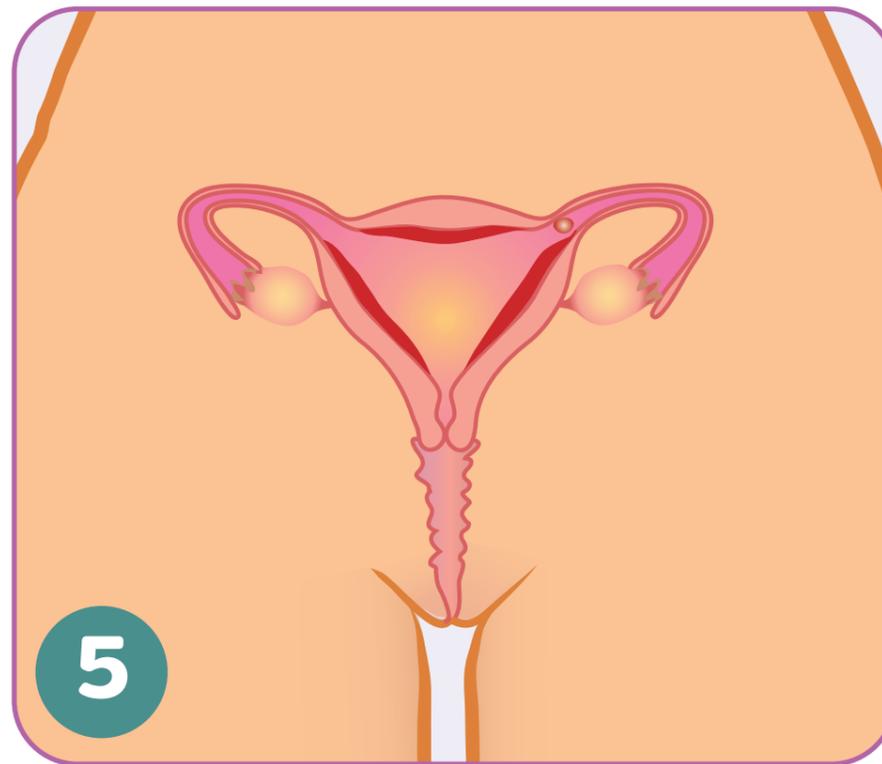
When a woman and a man have sex a man's sperm can go into the woman's vagina. The sperm goes up into the uterus and fallopian tubes.

Worksheet: Where do babies come from?

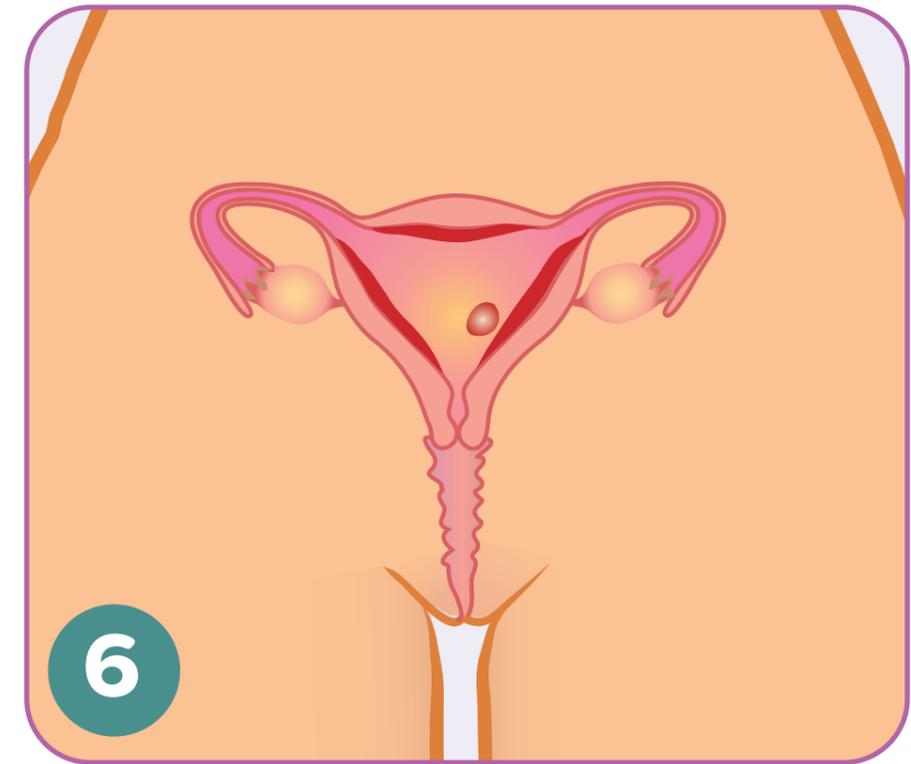
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The sperm meets egg.
They join together.
This is called fertilisation.



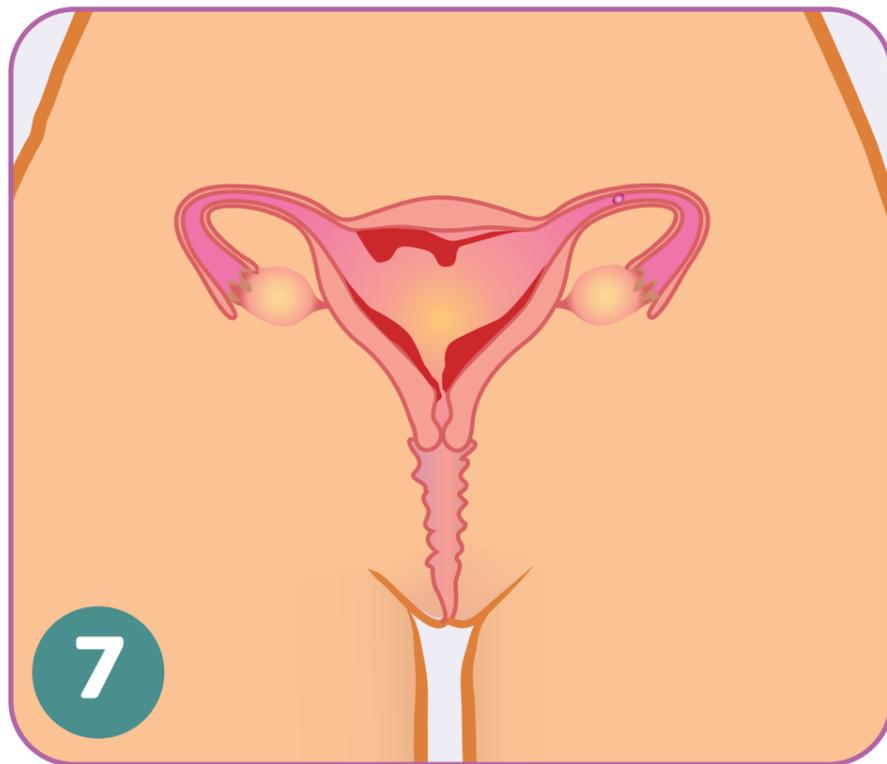
The fertilised egg goes
down the fallopian tubes
to the uterus.



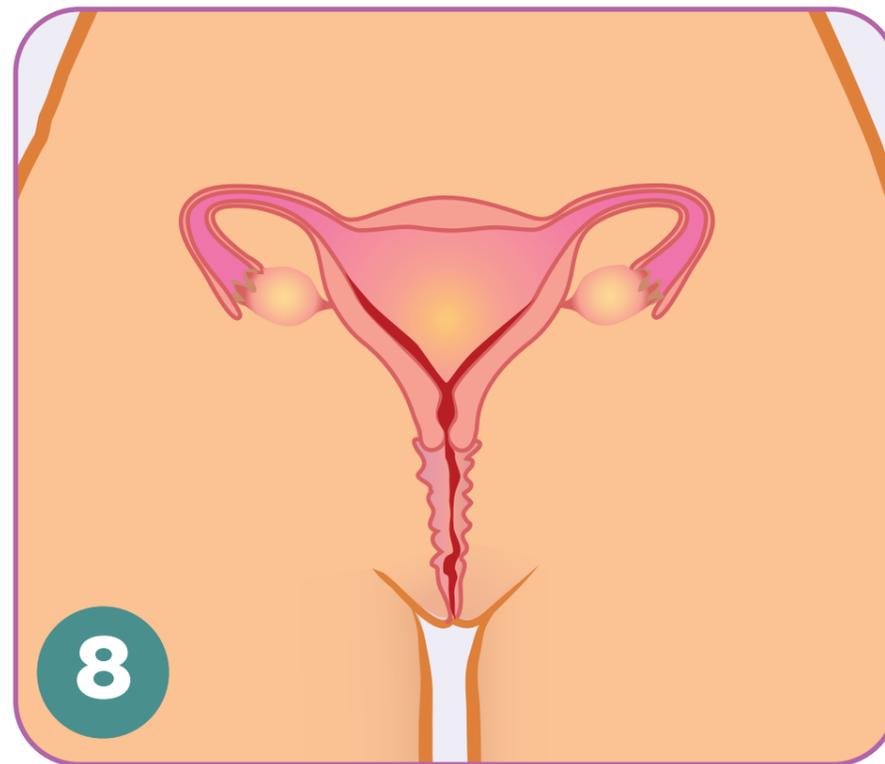
The fertilised egg sticks
to the side of the uterus.
A baby can then start
to grow.

Worksheet: The Menstrual Cycle

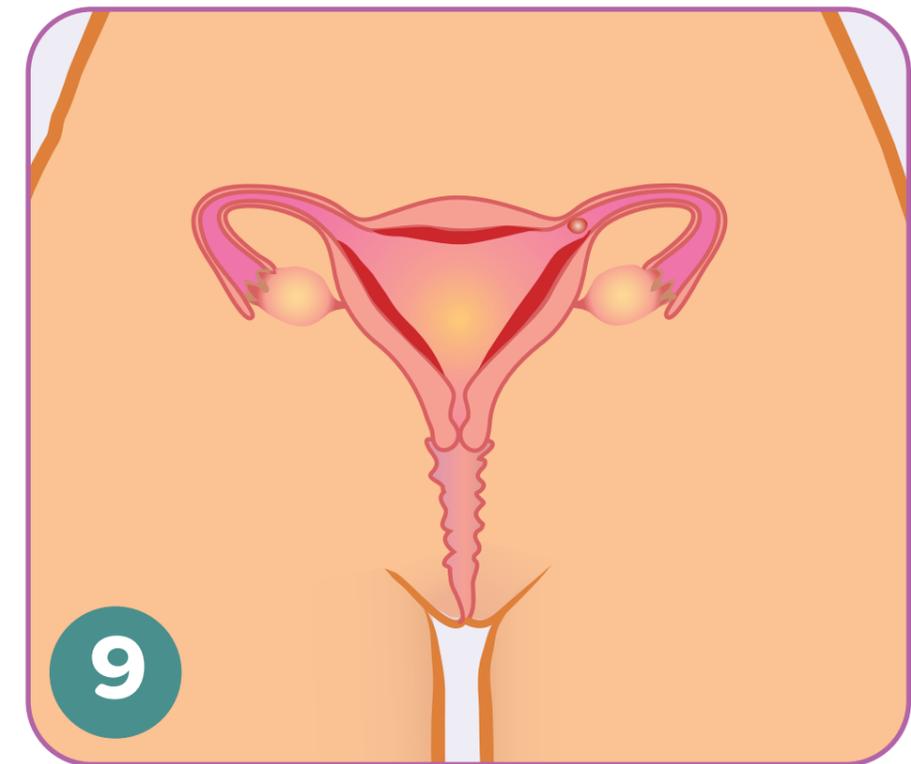
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If there is no sperm to meet the egg, the egg will not be fertilised. The lining of the uterus comes away



Blood and the lining from the uterus flow out through the vagina as a woman's period



The whole cycle then starts again